

# November 2024

## H.R. JEFFERIES JR HIGH



Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.

**4**  
 BREADED DRUMSTICK  
 BISCUIT  
 GARDEN SALAD  
 SWEET POTATO FRIES  
 FRUIT  
 MILK

**5**  
 WALKING TACO  
 BEANS  
 FRESH VEGGIE CUP  
 PB RICE KRISPIE TREAT  
 FRUIT  
 MILK

**6**  
 PIZZA  
 MARINARA SAUCE  
 BROCCOLI  
 FRUIT  
 MILK

**7**  
 BONELESS WINGS  
 CHIPS  
 CELERY STICKS  
 CARROTS  
 SHERBERT  
 FRUIT  
 MILK

**8**  
 CHICKEN PARMESAN  
 ROLL  
 SAVORY GREEN BEANS  
 CORN  
 FRUIT  
 MILK

**11**  
 CHEESEBURGER  
 OVEN FRIES  
 TOMATO CUPS  
 FRUIT  
 MILK

**12**  
 QUESADILLA  
 SALSA  
 CUCUMBER  
 BEANS  
 ICE CREAM  
 FRUIT  
 MILK

**13**  
 TACO SOUP  
 CORNBREAD  
 FRESH VEGGIE CUP  
 GARDEN SALAD  
 FRUIT  
 MILK

**14**  
 ASIAN BOWL  
 EGG ROLL  
 BROCCOLI  
 CORN  
 FRUIT  
 MILK

**15**  
 CHEESEBURGER MACARONI  
 ROLL  
 CARROTS  
 SAVORY GREEN BEANS  
 BROWNIES  
 FRUIT/ MILK

**18**  
 COUNTRY FRIED STEAK  
 ROLL  
 MASHED POTATOES  
 OKRA  
 FRUIT  
 MILK

**19**  
 BBQ ON A BUN  
 BEANS  
 CARROTS  
 SHERBERT  
 FRUIT  
 MILK

**20**  
 CHICKEN ALFREDO  
 BREADSTICK  
 GARDEN SALAD  
 SAVORY GREEN BEANS  
 FRUIT  
 MILK

**21**  
 POPCORN CHICKEN  
 ROLL  
 CORN  
 CRUNCHY BROCCOLI SALAD  
 COOKIE  
 FRUIT

**22**  
 TEXAS BASKET  
 TOMATO CUP  
 SNOWBALL SALAD  
 MILK

**25**

**26**

**27**

**28**

**29**

HAPPY THANKSGIVING!  
 FROM FRANCISCA, ALMA, ANGELICA AND SONIA

### BREAKFAST

MONDAY:  
 PANCAKE  
 COOKIES  
 FRUIT  
 MILK

TUESDAY:  
 FRENCH TOAST  
 BACON

WEDNESDAY:  
 EGG  
 SAUSAGE  
 BISCUIT  
 GRAVY

THURSDAY:  
 PANCAKE WRAP  
 YOGURT

FRIDAY:  
 SAUSAGE/EGG/ CHEESE  
 CROISSANT

EVERYDAY OPTION:  
 CEREAL  
 JUICE  
 FRUIT  
 MILK  
 MILK  
 CHEESE STICKS  
 OR  
 GRAHAM CRACKERS

"THIS PROVIDER IS AN  
 EQUAL OPPORTUNITY